

Summary 0172

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Brevity is the key!

Instructions

1. Click on

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 in the upper right corner of the page to open the editor.
2. Put your cursor in the **Excerpt box** to write and modify the summary. (The Excerpt box will appear once you edit the page.)

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3. Hold back on formatting options and do not use Heading 1 and 2. This can hurt page layout.

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4. Click on

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 Update in the lower right corner of the editor to save your changes.

The Shumei Natural Agriculture Yatesbury Farm is a demonstration farm which grows more than 40 varieties of crops and provides training opportunities for new farmers to learn about Shumei Natural Agriculture. Natural Agriculture is a holistic approach to farming that avoids the use of any additives, fertilizers or pesticides in the growing process and encourages the use of natural seeds, pure soil and seed saving. Located an hour outside of London, the farm has attracted attention for its practice of continuous cropping and its ability to withstand various infestations while increasing soil health and cultivating nutrient-dense produce.