

HEART & SOIL

ISSUE 1

MAGAZINE

ORGANIC
ENVIRONMENTAL
Transformation

*Meet
Your
Farmers*

PERFECT SOIL
All the Secrets

*Farm
Fresh
Recipes*

Regenerative Conversations

**SOIL, WHAT EVERY
FARMER NEEDS TO KNOW**

**DEMOCRACY
DOES YOUR
VOICE HAVE
IMPACT?**

**DISCOVER
BIODYNAMICS**

**CAN FARMERS BE
Climate Champions?**



For the Millions of Farmers, Gardeners, and Activists in Pursuit of Regenerative Global Health

Heart & Soil Magazine is committed to global regeneration and planetary health through farming and gardening.

Providing the best tips and techniques for today's farmers and gardeners to easily and regeneratively impact their farms, gardens, businesses, health, and communities.

Published bi-monthly and available digitally on the App Store, Google Play, and Magsfast.com.

Written for the expert, the activist, and the curious.

With a focus on soil, inputs, plants, food, and people, the Heart & Soil community is one of global experts, farmers, scientists, and gardeners.

Regular Features

- Regenerative Agriculture Best Practices Business Tips and Trends
- Health and Well-being Strategies
- Farm to Table Success Stories
- Original Video Interviews with Experts
- Garden Fresh Recipes
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2.8M

Organic Farms

71.5M

Hectares Organic Farmland

Growing

2.9% / year

\$100B

Spent per Year on Organic Food